

THE MENTORING MEN

SUPPORT SUPPORTERS

THE QENDO PARTNERSHIP

A man who supports someone else can have a space for his own experience, too.

BUILT WITH PARTNERS

Help extend an established QENDO partnership through research, mentor preparation and targeted reach.





ILLUSTRATIVE EVERYDAY SCENE

THE MAN BEHIND THE SUPPORT

THERE FOR SOMEONE?

A partner, father or family member can be a steady support for someone living with endometriosis or persistent pelvic pain. He may need room to talk about his own experience as well.

Through our established partnership with QENDO, men can access free, one-to-one life mentoring from a volunteer with additional preparation for this context.

IN PARTNERSHIP WITH

**QENDO**

WHAT IS ALREADY HERE — AND WHAT COMES NEXT

01**AN EXISTING OFFER**

The partnership and specialist mentor preparation are already developed.

02**MORE PREPARED MENTORS**

Funding would take that additional training to more existing MM volunteers.

03**BETTER REACH AND EVIDENCE**

A focused campaign and outcomes study would help more men find support and show what it changes.

WHAT THIS FUNDING CHANGES

Extend an existing service: prepare more current mentors, reach men who could benefit and learn from their experience.

THREE CONNECTED FUNDING NEEDS

LEARN. PREPARE. REACH MORE MEN.

The next stage builds capacity and evidence around a service men can already access.

01**RESEARCH THE OUTCOMES**

Fund a research partner, methodology, participant follow-up, analysis and MM staff time to understand the experience and possible effects of mentoring.

02**EXTEND SPECIALIST TRAINING**

Help more existing MM mentors complete the additional QENDO-related preparation, with delivery, coordination and ongoing support matched to demand.

03**MAKE THE OFFER VISIBLE**

Run an awareness and referral campaign with QENDO, explaining who mentoring is for, how to start and how enquiries become suitable matches.

**THE WORK STAYS LIFE MENTORING**

Mentors listen and support reflection. They do not provide medical advice, treatment or relationship therapy. Specialist health care remains with the right services.

TURN GREATER REACH INTO LEARNING

A FOCUSED NEXT STEP.

Research, training and campaign activity would be planned together so interest does not outpace prepared-mentor capacity.



EVERYDAY CONTEXT / ILLUSTRATIVE IMAGE

01

AGREE THE STUDY

Set questions, measures, follow-up and any ethics needs with a research partner. Include men's own accounts of what is useful.

02

PREPARE MORE

Deliver the QENDO-related preparation to more existing mentors, with MM coordination, matching and supervision behind them.

03

REACH THE MEN

Shape clear messages with QENDO, track enquiries and suitable applications, and improve the route into a mentoring relationship.

WHAT WE WANT TO UNDERSTAND

WHAT CHANGES FOR HIM?

Men who support a loved one may not call themselves carers. The study would ask whether mentoring feels relevant and what, if anything, it changes for them.

01

CONNECTION

Does a man feel less alone and more able to find support for himself?

02

CONFIDENCE

Does mentoring help him balance his own needs with a supporting role?

03

SERVICE FIT

Which parts of the additional mentor preparation and matching feel useful?

FINDINGS FIRST; NO EFFECT CLAIMED IN ADVANCE

A research partner would settle the method, measures, follow-up and ethics. Participant voices should explain what feels useful and what is missing. Any question about relationships or the person being supported would need a suitable design and consent. The findings would guide training, matching and future evaluation; programme outcomes are not yet established.



AN ESTABLISHED PARTNERSHIP

BACK THE MEN SUPPORTING OTHERS.



ILLUSTRATIVE IMAGE

QENDO brings knowledge of endometriosis and persistent pelvic pain. MM brings its mentoring model, trained volunteers, matching and ongoing support.

Together, we can agree a funded plan for the outcomes study, training more existing mentors, and an awareness campaign that leads to an appropriate next step.

TALK TO US ABOUT THE NEXT STAGE

Fund the research, additional training and targeted campaign that could help more men supporting someone else find support of their own.

The partnership is established. Study design, research partner, ethics and campaign scope remain to be agreed; no outcome is guaranteed.

TALK TO US ABOUT FUNDING →

1300 583 925